Mental Health Treatment Services Exposure in LGBTQ+ College Students of Color

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Introduction
Marginalized communities have unique experiences and face unique challenges within the mental health treatment community. This study explores the intersection of college students that are part of the LGBTQ+ community and people of color regarding their identity and how it connects and affects their exposure and experiences with mental health treatment services.

Key Findings
- The identity codes serve as the core of each relationship
- The external codes serve as a link between the participants’ identities and their experiences and exposure to mental health treatment
- The mental health treatment exposure outcome codes are the results of the participants’ identities and the external factors that are connected to their identities
- Identity relates to mental health treatment services exposure in LGBTQ+ college students of color

Impacts
This research allows for...
- Researchers to have the same statistical results of marginalized communities as non-marginalized communities
- Professionals in the mental health treatment industry to better understand the unique challenges that these marginalized groups may face regarding exposure to these services

Conceptual Framework
- Discrimination against POCs and those in the LGBTQ+ community affect both group’s mental health and suicidality (Sutter & Perrin, 2016).

41.9% of LGBTQ+ participants were concerned that they would experience stigmatization or discrimination from mental health professionals when seeking out psychological help (Foy et al., 2019).

References

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